



**Supported  
Internships**

What is a Supported Internship?

What's involved?

Who is this for?

What are the benefits of doing a Supported Internship?

Which providers are currently offering Supported Internship programmes?

# What is a Supported Internship?

A structured, work-based study programme for 16 to 24-year-olds with special educational needs and disabilities (SEND) who have an Education, Health and Care (EHC) plan.

Aimed at enabling young people to achieve sustained, paid employment by equipping them with the skills they need for work, through learning in the workplace.



# What's involved?

- **Supported interns are in full-time education and their work placements are part of their course.**
- Interns will spend most of their time in the workplace and will be expected to comply with real job conditions, such as timekeeping, shift patterns and dress code.
- **Expert job coaches are a key component of the internship and provide support to both the young person and the employer.**

# What's involved?

- Alongside their time at the employer, interns complete a personalised study programme, which includes the chance to study for English and maths at an appropriate level and any other relevant qualifications.
- **Supported Internships are unpaid and last for a minimum of six months, and up to a year.**
- They are aimed at supporting the young person to move into paid employment at the end of the programme.

# Who is this for?

Young people aged between 16 and 24 years with an EHC plan

They must want to work and have the desire to develop and progress their behaviours around work and employment

A Supported Internship should contribute to their long-term career goals and match their capabilities.



# What are the benefits of doing a Supported Internship?

- **Supported Internships are aimed at supporting young people with EHC plans to transition to sustained, paid employment by:**
  - Supporting them to develop the skills valued by employers
  - Enabling them to demonstrate their value in the workplace
  - Developing confidence in their own abilities to perform successfully at work

# Which providers are currently offering Supported Internship programmes?

- **Local providers that currently run Supported Internship programmes, in partnership with employers, include:**
  - Hull College
  - East Riding College
  - Bishop Burton College – *pre Supported Internship*

# Which providers are currently offering Supported Internship programmes?

- **DFN Project SEARCH partnerships:**
  - Wilberforce Sixth Form College and City Health Care Partnership (CHCP)
  - Bishop Burton College and Humberside Police
- **Choices College:**
  - NHS Supported Internship programme  
*York and Doncaster*





**For further information and details about supported internships please contact:**

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